

# FRESH START 2010

Fresh Start is a divorce support group for women thinking about divorce, in the midst of a divorce or already divorced. All are welcome!  
Meeting times: 7-9pm 2nd & 4th Monday of each month.

Jan. 11 & 25	Why divorce hurts so much
Feb. 8 & 22	Understanding and grieving loss
Feb. 26, 27, 28	Annual weekend retreat
March 8	Supper @ Gabriel's Fountain (small groups)
March 22 & April 12	Identifying divorce specific anger
April 26	Supper @ Gabriel's Fountain (small groups)
May 10 & 24	Divorce and depression
June 14	Supper @ Gabriel's Fountain (small groups)
June 28 & July 12	Dealing with loneliness
July 26	Supper @ Gabriel's Fountain (small groups)
Aug. 16	Divorce, God and His Word
Aug. 30	Am I ready for a new relationship?
Sept. 13	Supper @ Gabriel's Fountain (small groups)
Sept. 27	Surviving financially
Oct. 11	Single, sensual, sexual: now what?
Oct. 25	Supper @ Gabriel's Fountain (small groups)
Nov. 15	Forgiveness and divorce
Nov. 29	Understanding the "good" divorce
Dec. 13	Fresh Start Ministry Christmas Celebration
Dec. 27	Supper @ Gabriel's Fountain - a new year - a fresh start!

For more information, contact Deb Luedecker: [debjimpluedecker@comcast.net](mailto:debjimpluedecker@comcast.net)  
Supper at Gabriel's Fountain is informal. Each person is responsible for their own meal. Discount certificates are available at [www.restaurant.com](http://www.restaurant.com).



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